



Preschool–Grade 8 *Circle of Grace* Overview © Archdiocese of Omaha

The **GOAL** of the *Circle of Grace* program is to educate & empower children and young people to actively participate in a safe environment for themselves & others.

Objectives:

1. Children/young people will understand they are created by God and live in God's love along with the love of Jesus and the Holy Spirit.
2. Children/young people will be able to describe the Circle of Grace, which God gives each of us.
3. Children/young people will be able to identify, discern, and maintain appropriate physical, emotional, spiritual, and sexual boundaries.
4. Children/young people will be able to identify all types of boundary violations.
5. Children/young people will demonstrate how to take action if any boundary is threatened or violated.

***C is Comprehensive, F is Focus (objectives are summarized & applied to an issue), & P is for Parent take home or letter. Objectives are met in all grades.**

Preschool–Grade 2 (C, P), Two Lessons Per Grade

Concepts: What is the Circle of Grace?; The Stoplight: Feelings, Touch, and Secrets and Safety Plans

Notes: Lessons are very similar with varied age-appropriate activities. This type of repetition is developmentally important.

Grade 3 (C, P), Two Lessons

Concepts: What is the Circle of Grace?; Boundaries, our Limits of Our Circle of Grace, and Action Plans

Notes: "Precious Gift-Wrapped Box" activity, and students practice how to ask for help.

Grade 4 (F, P), One Lesson

Concepts: Internet Terms and Safety Strategies

Notes: Safety Worksheet is done in class, and one is sent home with parents.

Grade 5 (F, P), One Lesson

Concepts: Understanding the Influence of the Media on our Circle of Grace

Notes: Teaches discernment of media.

Grade 6 (C, P), Four Lessons

Concepts: Circle of Grace: Pieces of the Puzzle; Safe Relationships; Boundaries; Safety PLAAN

Notes: Sensitive parent letter regarding unsafe situations.

Grade 7 (F, P), One Lesson

Concepts: Saying No to Disrespect: Honoring Everyone's Circle of Grace

Notes: Includes a Code of Conduct for youth and anti-bullying resources.

Grade 8 (F, P), One Lesson

Concepts: How to be Morally Responsible in Today's Culture

Notes: Includes activities that have them compare their faith vs. culture.

Middle School Alternate Lessons (Grade 6–Grade 8), (F, P)

Concepts: Coping with Stress and Pressure; Honoring Relationships

Administrator/Director Section

Code of Conduct; Adaptions for Children with Special Needs; Suicide Prevention Information; Circle of Grace Song; Parenting Information



High School *Circle of Grace* Overview © Archdiocese of Omaha

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Grade 9 (C, P), Four Lessons

Concepts: Cloud of Witnesses; Mary and Joseph Say "Yes"; When the Circle is Broken; Action PLAAN

Notes: Lessons can be used in a retreat format.

Grade 10 (F, P), One Lesson

Concepts: Levels of Intimacy and Influence

Notes: Circle of Virtue is introduced.

Grade 11 (F, P), One Lesson

Concepts: When Boundaries Go Wrong

Notes: Identifying grooming behavior.

Grade 12 (F, P), One Lesson

Concepts: Real Love vs. Counterfeit Love

Notes: Introduces Theology of the Body principles.

High School Alternate Lessons (F, P)

- 1- What Is Your Motto?
- 2- A.C.T.I.O.N.: Steps Needed When Concerns Don't Go Away
- 3- Modesty: A Thing of the Past or Not?
- 4- Tech Savvy or Tech Safe?
- 5- *Circle of Grace* Again ... Really?
- 6- Human Trafficking: Modern-Day Slavery

Administrator/Director Section

Code of Conduct; Suicide Prevention Information; Circle of Grace Song; Parenting Information