

# Rest. Sabbath. Hope



## Virtual Chaplains Training 2021 September 23 to 25



Christian Reformed Church  
**Chaplaincy and  
Care Ministry**

TRAINING NOTEBOOK

## WELCOME TO THE 2021 CHAPLAINS TRAINING

On behalf of the Chaplaincy and Care Ministry Team, I want to welcome you to our annual training. We look forward to renewing relationships and to spend time with each other in worship, learning, and conversation. We hope that this will be a time of reflection and encouragement. We ask for you to pray for our speakers and how God can speak to you in the days ahead.

I want to thank Sarah and Carol for all their hard work in planning this year's training in the midst of remote work and bringing in a new director. I also want to thank several others who were essential to our training: Katie Roelofs helped plan and lead our worship. Will Groenendyk supported us with the technical aspects of putting on a virtual training event. Kevin Hoeksema helped with the design of our materials and printing.

Also, our Chaplaincy Ministry Advisory Council, provided guidance and wisdom over this past year to include participating in a number of interviews for those seeking endorsement. They also served as mentors and prayer partners. Thank you to: Dianne Algera, Norman Brown, Charles Cornelisse, Daniel De Witt, Dean Dyk, Elizabeth Guillaume-Koene, InSoon Hoagland, John Lamsma, Sandy Reynolds, and Allen Schipper.



**Tim Rietkerk**

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**Carol Vander Ark**

Senior Admin. Assistant

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## FIRST TIME ZOOM INSTRUCTIONS

We will utilize Zoom for our training. If you have not previously used Zoom, you will need to download the program to your computer or phone.

Go to <https://zoom.us/download>.

Click the blue “Download” box under “Zoom Client for Meetings.”

If you’re a MacBook user, Zoom provides instructions on how to install Zoom on a Mac

### Zoom Meeting Tips

For your Zoom screen, type in your first name and last name.

***Always*** keep your microphone muted during presentations.

Please put your hand up when you would like to talk and wait for the facilitator to call on you. After you are called, make sure to unmute your microphone.

## WORSHIP

As you prepare for worship find a lighter/match (not included in the welcome packet), pen/colored pencils, candle, and communion set.

During our worship service we invite you to reflect on these three statements :

*We lament that from which we need rest*

*We give thanks for times of rest*

*We celebrate for what do we hope*



## ZOOM MEETING INFORMATION

Our meeting link is:

[https://us02web.zoom.us/j/89115393540?](https://us02web.zoom.us/j/89115393540?pwd=NnhxME9VbFIFVks5THBGtnoyY0tudz09)

[pwd=NnhxME9VbFIFVks5THBGtnoyY0tudz09](https://us02web.zoom.us/j/89115393540?pwd=NnhxME9VbFIFVks5THBGtnoyY0tudz09)

Meeting ID: 891 1539 3540

Passcode: chaplaincy

The Zoom screen will then open and ask for your name. Type in your first and last name.

Click the blue button that says “Join.”

Lastly, click the green button that says, “Join audio conference by computer.”

Your Zoom meeting will begin.

Please mute your microphone and feel free to turn on and off your video as needed.

Use the Zoom’s Gallery View to see the whole group.

If you’re having difficulty with sound or video please look at the bottom left of the screen for microphone and video camera icons. You’ll want to make sure there isn’t a red line through either of these. (This indicates that the mic/camera is off.) If there’s a red line simply click on the icon to remove it.

Questions? For urgent needs during a session, please *call* *contact Rev. Sarah Roelofs* on her cell phone at (616) 224-0733 or email [chaplaincy@crcna.org](mailto:chaplaincy@crcna.org).

## SESSION I: CHAPLAINCY AND CREATIVITY

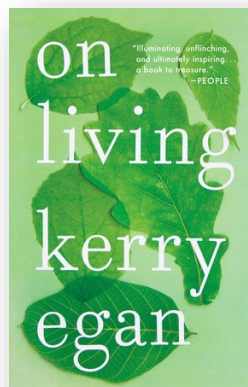


Kerry Egan

### *Chaplaincy and Creativity*

Kerry Egan is the New York Times bestselling author of *On Living* (Riverhead, 2016), *Fumbling* (Doubleday, 2004), and the forthcoming *Emergency Landing* (Riverhead, 2022). Her essays have appeared in Pope Francis's most recent book, *Sharing the Wisdom of Time*, the New York Times, Washington Post, and CNN, among other publications. A hospice chaplain by training and vocation, her work with the dying and living has been featured on NPR, PBS, and CNN.

She has spoken to and led workshops at hospices, hospitals, churches, and professional organizations around the country. She was the 2019 Hannah Judy Gretz Fellow at Ragdale Foundation, an AspenWords Writer in Residence at the Aspen Institute, and the recipient of the 2018 Helen Flanders Dunbar Award for Significant Contributions to the Clinical Pastoral Field from the College of Pastoral Supervision and Psychotherapy. She was educated at Harvard Divinity School and Washington and Lee University. She lives in Columbia, South Carolina with her husband and children.



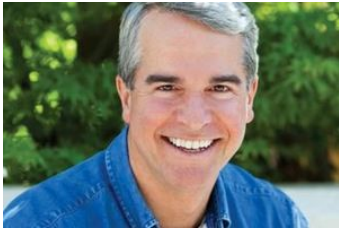
SESSION I-KERRY EGAN

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## SESSION II: TOOLS FOR CARE



**Alan Baker**

***Foundations of Chaplaincy***

Alan T. "Blues" Baker serves as the endorser for Reformed Church in America (RCA) chaplains in health care, industrial, corporate, military, college, public safety, and correctional organizations throughout and beyond the United States. His previous chaplain experience includes military (US Navy Deputy Chief of Chaplains), college, and corporate chaplaincy. He teaches courses at the U.S. Naval Academy, Fuller Theological Seminary, Gordon-Conwell Theological Seminary, and Wesley Theological Seminary. In 2014 he was appointed as Senior Fellow in the Naval Academy's Vice Admiral Stockdale Center for Ethical Leadership.



**Erika Dekkar**

***Pastoral Care for & with People with Cognitive Challenges***

My presentation will provide insight on offering appropriate, dignified pastoral care to those who live with cognitive challenges; specifically those who have dementia and/or traumatic brain injury. I will reflect on my 10+ years of working in Long Term Care and Brain Injury Rehab settings and share some theory and multiple practical tools that have been effective in connecting with residents and patients. My goal is two-fold: (1) to provide tangible approaches and material resources so that chaplains gain confidence and competence in engaging with people who have cognitive challenges (2) to encourage chaplains to experiment and discover their own best practices in relating to this population. I will accomplish this by telling a few stories from my own experience and "show-and-telling" resources I have used throughout the years.

## SESSION II: TOOLS FOR CARE



**Trent Elders**

### ***Ditching Drama and Embracing Empowerment***

Stephen Karpman's "Dreaded Drama Triangle" is an unhealthy relationship dynamic consisting of a Victim, a Rescuer, and a Persecutor. It is easy for chaplains to feel like they need to be the rescuer and view the patient as a victim. However, this sets us up for burnout and is not spiritually healthy for ourselves or effective for the patient.

The empowerment dynamic flips the dreaded drama triangle on its head with three new roles: The Coach, The Challenger, and The Creator. By recognizing ourselves as creators with God rather than a punitive relationship with God, we as chaplains experience rest in an ongoing, life-sustaining way. We are free from becoming enmeshed with the patients' situation so that we can take on a healthier companion role that is open to but not attached to the patient's outcome.

Applying these principles to our spiritual care, will empower those we serve.



**Elizabeth Guillaume-Koene**

### ***The Spiritual Discipline of Receiving***

As I seek to provide hospitality to the residents I serve in Long Term Care, I have seen the difference it can make in their lives. Many people who are required to live in Long Term Care feel like they have lost their identities and are unable to do the things they used to. They find themselves receiving help and unable to use their gifts and talents in any meaningful way, which can lead to depression, anxiety, and isolation. In my experience with

individuals facing this situation, I have become aware of two things that have changed the way I practice spiritual care:

1) I have begun to see that the act of receiving is a spiritual discipline that many people never practice. 2) No matter what state of health, everybody has something to offer. In this Tools for Care talk, I will briefly introduce the idea of what it means to receive from those we serve and then share some of the ways I seek to do this as a Long Term Care chaplain in Ontario.

## SESSION II: TOOLS FOR CARE



**Sarah Hoogendoorn**

### ***Spiritual Care of the Morally Injured***

The National Center for PTSD states, "Moral injury can occur in reaction to a traumatic event in which deeply held morals or values are violated. The resulting distress may lead to PTSD, depression, and other disorders in which feelings such as guilt, shame, betrayal, and anger are predominant, although these feelings may occur in the absence of a formal disorder."

Chaplains - whether working with Veterans, active Service Members, or medical staff traumatically impacted by the COVID-19 pandemic – have unique abilities, skills, and knowledge to address the spiritual distress, moral hurt, and traumatic guilt that are often present within the morally injured. This presentation will focus on: (1) what moral injury is, (2) symptoms of moral injury, and (3) how Chaplains can provide space and help facilitate a person to express lament and grief, to engage in confession, repentance, and renewal, to experience forgiveness, to reconnect with community, and to find hope within their pilgrimage toward moral repair.



**Gloria Kroeze**

### ***Pediatric Chaplaincy: Developing Deep Spiritual Connections***

My 23 years as a chaplain at Spectrum Health/Helen DeVos Children's Hospital have been meaningful, fulfilling, and life-giving. My focus on ministry as a chaplain has been pediatrics. I strive to support and encourage these patients and their families to have a deeper spiritual connection. This has been my passion and joy.

This presentation will grow the chaplain's toolbox through book recommendations, resources, and sharing stories to help chaplains make the meaningful connections with their pediatric patients and families.

## SESSION II: TOOLS FOR CARE



**Thomas Walcott**

***To Be Determined***

CAPT Walcott reported as Chaplain of the Coast Guard in April 2018.

He was ordained as a minister in the Christian Reformed Church in 1984. His studies include a BA from Calvin College in Grand Rapids Michigan, a Master of Divinity from Calvin Theological Seminary and a Doctor of Ministry (Pastoral Response to Disasters) from Fuller Theological Seminary in Pasadena, CA. Before coming on active duty Rev.

Walcott was a missionary in the Dominican Republic (1985-1990) and then the pastor of Baymeadows Community Church in Jacksonville, Florida (1991-1996).

## SESSION II: TOOLS FOR CARE

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## SESSION II: TOOLS FOR CARE

This image shows a blank sheet of white paper with horizontal blue lines. On the left side, there is a vertical dark green bar. Inside this bar, the text "SESSION II: TOOLS FOR" is written in white, uppercase letters, oriented vertically from bottom to top.





## SESSION II: TOOLS FOR CARE

[illegible]



A close-up photograph of a communion cup and bread on a wooden table. The cup is a dark, metallic chalice, partially filled with a dark liquid. To its left is a piece of golden-brown, textured bread. The background is softly blurred, showing more bread and the warm, natural grain of the wooden surface. The lighting is warm and directional, creating highlights and shadows that emphasize the textures of the bread and wood.

# WORSHIP MINISTRIES

NETWORKING  
EQUIPPING

## Supporting worship leaders/pastors/ chaplains through . . .

- peer learning groups
- endorsed coaches
- webinars and podcasts
- *Reformed Worship* print, digital,  
and web resources
- Facebook community
- monthly news

## Special Offer . . .

**You receive a free digital collection** from *Reformed Worship* addressing Worship and Mental Illness when you subscribe. Go to [ReformedWorship.org/subscribe](https://ReformedWorship.org/subscribe) and use Promotion Code **CHAP2021** for both print and digital or **CHAP2021DIGI** for digital-only.



Christian Reformed Church

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Ministries**

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[reformedworship.org](https://reformedworship.org) • [network.crcna.org/worship](https://network.crcna.org/worship) •  
[tinyurl.com/TrainCRCworship](https://tinyurl.com/TrainCRCworship)

## SESSION III



Kerry Egan

### ***Writing as a Spiritual Discipline/Practice***

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



SESSION III-KERRY EGAN

[illegible]



## RECOGNITION: YEARS OF SERVICE

### 5 Years

Ramon Orostizaga  
Dena Meyerink  
Carol Petter  
Julie DeGraaf Feenstra  
Ryan Hoekstra  
Rhonda Workman  
Adam VanderZand  
Kendra Ettema  
Barbara Sanders  
Christopher Klein  
Robert Bolt  
Steven Schulz

### 10 Years

Larry van Zee  
Juli Stuelpnagel  
Sarah Roelofs  
Marc Zumhagen  
Jeffrey Dephouse  
Kevin Vryhof

### 15 Years

Peter Hofman

### 20 Years

Erika Dekker  
Carol Robinson  
John DeVries  
Cornelius De Boer  
Betty Vander Laan  
Dirk van der Vorst

### 25 Years

Timothy Rietkerk  
Thomas Walcott  
James Stoel

## IN MEMORIAM



### **Rev. Ronald Dennis Baker**

*(1937-2021)*

You are the most humble, honest, and unpretentious pastor I have ever known," said Ron Baker's brother-in-law at Baker's memorial service. "Only God knows the hundreds or thousands you have led to

Jesus . . . with no fanfare. Your legacy is a holy one." Baker died May 5.

Born in South Dakota, Baker's family moved to California when he was 17 years old. After becoming a Christian at age 25, Baker was known for a particular cross he wore around his neck. Made of square nails about four inches long that symbolize the type of nails used in crucifixions, Baker was never seen in public without that cross.

After graduating from Calvin College (now University) and Seminary, Baker was ordained in 1971 and pastored Eastern Hills Christian Reformed Church in Kalamazoo, Mich. He went on to serve Bravo Community Church in Fennville, Mich.; Ocheyedan (Iowa) CRC; and Covenant CRC in Grand Ledge, Mich. He then served as chaplain to people with intellectual and developmental disabilities at My Brother's House III (now Brothers and Sisters Homes) in Holland, Mich.

After retirement in 2003 until 2019, Baker served part time as associate pastor at Messiah CRC in Hudsonville, Mich. He and his wife volunteered with World Renew doing needs assessments in disaster areas. Proficient in auto mechanics, people said that Baker could make any old car run again, and he blessed many by doing so. Baker said his best sermons were made under the hood of a car.

He will be lovingly remembered by Dena, his wife of 57 years, their three children and spouses, eight grandchildren, and one great-granddaughter.

-Janet Greidanus, *The Banner*.

## IN MEMORIAM



### **Rev. Carroll Eugene Keegstra**

*(1934-2021)*

Quiet and humble, Carroll Keegstra was very dedicated to his congregations and to his ministry as chaplain with the State of Michigan Department of Corrections. He had a great sense of humor and a wonderful laugh. Keegstra died May 4 in

Spring Hill, Fla.

Born in Grand Rapids, Mich., Keegstra graduated from Calvin College (now University) and then from Calvin Theological Seminary in 1959. He went on to complete a master's degree in Religious History at the University of Chicago in 1962. He was ordained into ministry in the Christian Reformed Church in 1963 and became pastor of Kenosha (Wisc.) CRC.

Keegstra then served West Park CRC, Cleveland, Ohio; Franklin Lakes (N.J.) CRC; and Charlotte (Mich.) CRC. He directed the Michigan Ecumenical Forum (now dissolved) for a year. He went on to serve the CRC as a chaplain employed by the Michigan Department of Corrections at Riverside Psychiatric Center in Ionia, Mich., and at Huron Valley Center, Ypsilanti, Mich. He retired in 2002.

In his retirement Keegstra lived in Tucson, Ariz., and Spring Hill, Fla. He and his wife liked to hike in Arizona, enjoyed music, and traveled extensively, including many cruises. They visited all the continents except Antarctica. Family was always important, and even though their children were scattered across the country, they tried to get together as much as possible.

Keegstra is survived by Patricia, his wife of 63 years, and by four children, their spouses, and three grandchildren.

-Janet Greidanus, *The Banner*.

## SCHEDULE

### THURSDAY, SEPTEMBER 23

	EDT	PDT
FELLOWSHIP	6:30 p.m.	3:30 p.m.
<b>WORSHIP</b>	7:00 p.m.	4:00 p.m.
<b>BREAKOUT</b>	8:00 p.m.	5:00 p.m.

### FRIDAY, SEPTEMBER 24

	EDT	PDT
SPIRITUAL DISCIPLINES	9:00 a.m.	6:00 a.m.
FELLOWSHIP	11:30 a.m.	8:30 a.m.
<b>SESSION I</b>	12:00 p.m.	9:00 a.m.
CHAPLAINCY AND CREATIVITY BY KERRY EAGAN		
BREAK	1:15 a.m.	10:15 a.m.
FELLOWSHIP	1:45 p.m.	10:45 a.m.
<b>SESSION II</b>	2:15 p.m.	11:15 a.m.
TOOLS FOR CARE		
FELLOWSHIP	3:45 p.m.	12:45 p.m.
BREAK	5:00 p.m.	2:00 p.m.
FELLOWSHIP	6:30 p.m.	3:30 p.m.
<b>SESSION III</b>	7:00 p.m.	4:00 p.m.
WRITING AS SPIRITUAL DISCIPLINE BY KERRY EAGAN		

### SATURDAY, SEPTEMBER 25

	EDT	PDT
SPIRITUAL DISCIPLINES	9:00 a.m.	6:00 a.m.
FELLOWSHIP	11:30 a.m.	8:30 a.m.
<b>WORSHIP AND REFLECTION</b>	12:00 p.m.	9:00 a.m.
<b>CLOSING PRAYER</b>	1:00 p.m.	12:00 p.m.

EDT: Eastern Daylight Time

PDT: Pacific Daylight Time