

Come to a conference created specifically for CRC parish pastors. Be refreshed as you step away from the demands of ministry and life to reflect on your wellbeing and your relationship with God.

Rev. Dr. Chris Adams will speak on flourishing in ministry—based on current research being done by the University of Notre Dame. Integrated sessions will explore a variety of topics relevant to pastors.

### **Plenary Speaker**

Chris Adams grew up in a music ministry family in the Nashville area. As a third generation pastor's kid, experienced pastor, and father



of two pastors' kids, Chris understands firsthand the unique joys and challenges of pastoral ministry. As a clinical psychologist specializing in research and counseling with pastors and their families, Chris has come to believe that pastoral ministry is in-



"Come, all you who are thirsty, come to the waters; Give ear and come to me; listen, that you may live."

~ Isaiah 55:1,3 ~

credibly fulfilling, yet one of the most demanding roles that exists. Many of the stresses go unrecognized, even by pastors themselves. And yet much of the negative impact of ministry stress can be prevented. He's excited to experience God together, and reflect on how God is inviting us to flourish in life and ministry.

#### **Cost of the Conference**

The CRCNA's Pastor Church Resources underwrites most of the expenses. The registration fee is \$150 (CAN/US). This fee covers two hotel nights and most of your meals—beginning with supper on Thursday and ending with lunch on Saturday. You'll be on your own for supper on Friday. See page 2 for travel information.

### **Conference Details and Schedule**

The event will be held September 12-14, 2019 at the Best Western Premier Calgary Plaza Hotel and Conference Centre in Calgary, Alberta.

Conference check-in will begin on Thursday at noon. The conference starts at 1 p.m. and will conclude about noon on Saturday.

Friday afternoon, busses will be going to Banff, Lake Louise, and Moraine Lake where you can enjoy the beautiful sights and supper on your own.

At the hotel you can enjoy the indoor pool, hot tub, sauna, exercise room, comfy hotel rooms, and wonderful public spaces for relaxation.





# For complete, up-to-date conference information please visit crcna.org/PCR

### FAQs

### Can my spouse/family stay with me at the hotel?

If your spouse/family will be in Calgary with you, please make plans to join them after the conference. Hotel rooms, and the outing to Banff, are for conference attendees only. Other nearby hotel options are available for your family.

## How do I get from the Calgary airport to the hotel?

The hotel runs a shuttle service from the airport to the hotel and back again. It's a brief 15 minute drive. More information will be available as we get closer to the conference date.

### Can special dietary needs be accommodated?

The hotel will accommodate special dietary needs (vegetarian, gluten-free, etc.).

#### **Hotel Information**

The cost of your hotel room for September 12 & 13 is included in the registration fee. Rooms have two queen beds and free Wi-Fi.

All rooms are double occupancy. If you'd like to share a room with a friend, please note that person's name when you register. *Be sure to have that person note your name on their registration form.* If you don't know anyone else who's going, we'll find a roommate for you. You'll know who that person is before you arrive in Calgary.

Please note that we can't change your roommate when you arrive at the hotel. At that point, it is what it is.

If you'd like a private room, you'll have to pay for 50% of the cost which is \$58 (CAD)/night. A very limited number of rooms are available at this rate.

Consider coming early or staying on for a night or two.

If you'd like to extend your stay at the hotel, the rate of \$115/night (plus taxes) is available to you on Sept 9, 10, 11, 14, 15, and 16. We can assist you in making these arrangements.

### **Car Pooling**

If you're driving to the event and would like to carpool with others nearby, we'll connect you with pastors in your area who are attending the conference.

#### An Afternoon in the Mountains

On Friday you'll have a wonderful opportunity to experience the beauty of Banff National Park. We'll board two coach buses and enjoy the scenic 90 minute drive to the town of Banff. You can either stay in Banff, carry on to Lake Louise (another 45 minute drive) for a two hour visit, or go farther still to Moraine Lake (another 25 minute drive) for a one hour visit. The scenery along the way is spectacular! Everyone will have supper in one of the many lovely restaurants in Banff. We'll be back at the hotel by 9 p.m. (Don't feel like going out? You can choose to stay at the hotel.)

### **Travel Policy/Grants**

If you'll be driving to the conference, we request that you carpool whenever possible. If you're driving less than 300 kms (or 200 miles) one way, no grants are available.

If you're driving 300 to 650 kms (or 200 to 400 miles) one way, grants are available for up to half of the cost—based on the CRCNA mileage rate of .58/km or .58/mile.

If you're driving more than 650 kms (or 400 miles) one way and you'll be

Important Border Information
Crossing the border? You'll need
to have a valid passport.

requesting a travel grant, we ask that you rent a car. We'll cover up to half of both the rental fee and the gas. If you'd like to use your own car, we'll cover \$30 (CAN) /\$25 (US) for each day of travel and up to half of your gas. If you're driving this far, please check with Kim for all the details.

If you're flying to the conference, we'll cover up to half of your flight. A flight quote, itinerary, or "proof of mileage" is required to receive a travel grant. Shuttle rides are available from Calgary International Airport to the hotel. If you choose to rent a car, that'll be your personal expense.

Note: We won't reimburse taxi/Uber costs.

Travel grant requests will be part of the registration process. For additional travel information, please contact Kim Rankens at krankens@crcna.org or (877)279-9994 x2837 (toll-free).

### **Registration Information**

Registration is limited to 100 so don't wait too long! Confirmation will be sent to the email address you'll note on the registration form.

A cheque for the \$150 (CAN or US) registration fee must be mailed to PCR in order to reserve your place at the conference.

Make checks payable to "CRCNA" in either U.S. or Canadian funds—depending on where you live.

Mail your payment to:

Pastor Church Resources Attn. Kim Rankens 1700 28th Street SE Grand Rapids, MI 49508-1407

If you need to back out for any reason, the registration fee is refundable until August 30, 2019.