



SERVICE IDEAS

FOR YOUNG CHILDREN

- ☐ Leave a letter in a library book.
- ☐ Bake dessert for a neighbor.
- ☐ Pick up litter at the park.
- ☐ Set the table for dinner.
- ☐ Clean up your room without being asked.
- ☐ Compliment a friend.
- ☐ Write thank you notes for your mail carrier.
- ☐ Donate outgrown clothes.
- ☐ Invite someone to play at the playground.
- ☐ Make someone else's bed.
- ☐ Pass out stickers to kids waiting in line.
- ☐ Help make dinner.
- ☐ Talk to someone new at school.
- ☐ Wash someone's car.
- ☐ Sweep leaves or shovel snow for a neighbor.
- ☐ Hug someone who is sad.
- ☐ Bring flowers for your teacher.
- ☐ Wash the windows.
- ☐ Write a note to someone you love.
- ☐ Empty the dishwasher.
- ☐ Take treats to the fire station.
- ☐ Tell someone thank you.
- ☐ Hold the door open for someone.
- ☐ Play with your siblings.
- ☐ Share your favorite toy with a friend.
- ☐ Pass out candy canes.



SERVICE IDEAS

FOR OLDER CHILDREN

- ☐ Walk dogs at the animal shelter.
- ☐ Babysit for free.
- ☐ Check in on an elderly neighbor.
- ☐ Wrap presents for someone.
- ☐ Wave at kids on school buses.
- ☐ Plan and prepare a meal for your family.
- ☐ Tape change to a parking meter.
- ☐ Clean up a sibling's room.
- ☐ Comfort a friend going through a hard time.
- ☐ Organize or clean out the junk drawer.
- ☐ Bring your neighbors' garbage cans up for them.
- ☐ Collect toys to donate to a local shelter.
- ☐ Take care of someone's pet.
- ☐ Forgive someone who offended you.
- ☐ Leave kindness stones at the park.
- ☐ Clean the house without being asked.
- ☐ Candy bomb cars in a parking lot.
- ☐ Smile at people in the hall at school.
- ☐ Tell the principal how great your teacher is.
- ☐ Turn off your phone for a couple hours.
- ☐ Write a card to a friend or relative who lives far away.
- ☐ Call your grandparents and ask them about their childhood.
- ☐ Help someone with homework.
- ☐ Pay a sincere compliment.
- ☐ Vacuum out your parents' cars.
- ☐ Help someone load groceries at the store.

SERVICE IDEAS

FOR FAMILIES

- ☐ Donate food to the food pantry.
- ☐ Offer an apology you owe.
- ☐ Stuff socks with supplies and give to homeless.
- ☐ Give spare change to the food pantry.
- ☐ Send dessert to another family at a restaurant.
- ☐ Go caroling around your neighborhood.
- ☐ Pay for the person behind you in a drive-thru line.
- ☐ Volunteer at a soup kitchen.
- ☐ Write a note for someone's lunch.
- ☐ Donate used clothes to a shelter or thrift store.
- ☐ Say hello to everyone you see.
- ☐ Make baby baskets for the NICU.
- ☐ Bring lunch to a new mom.
- ☐ Pray for someone in need.
- ☐ Tell someone how much you love him or her.
- ☐ Donate blood.
- ☐ Read a book to your children.
- ☐ Let someone go in front of you in line.
- ☐ Make a meal for someone who is sick.
- ☐ Offer to take a picture for tourists.
- ☐ Collect books to donate to a local shelter.
- ☐ Forgive yourself for any mistakes you've made.
- ☐ Leave a note on a family member's pillow.
- ☐ Call a friend you haven't talked to in a while.
- ☐ Say thank you to the bagger at the grocery store.
- ☐ Clean up a mess you didn't make.

