



**CLIMATE
WITNESS
PROJECT**

A Guided Quiet Time in Creation with the Creator

*A quiet break activity brought to you by Grade 7 Students from
Lacombe, Alberta and the Climate Witness Project*

Spend some time with a leaf - and grow in appreciation of its Creator!

Find a leaf you can reach on a tree or shrub. Notice how the leaf:

- feels
- smells
- looks

Look for these details:

- shape (oval, heart/lance)
- colour (green/red/purple)
- size (bigger/smaller than hand)
- edges (smooth/serrated/ lobed/wavy)

Draw a picture or make a rubbing of the leaf.



Take a moment to give thanks to God
for making and sustaining all things.

“The leaves of the tree are for the
healing of all the nations.”
Revelation 22:2

Spend some time with tree bark - and grow in appreciation of its Creator!

Find a tree or shrub. Notice how the bark:

- feels
- smells
- looks

Look for these details:

- colour (light/dark)
- shape (smooth/rough; scales, plates/ridges; peeling)
- texture
- patterns (vertical/ horizontal)

Draw a picture or make a rubbing of the bark.

Take a moment to give thanks to God
for making and sustaining all things.

“The [trees] proclaim the glory
of God. The [flowers] display
his craftsmanship.” Psalm 19:1



Spend some time with a flower - and grow in appreciation of its Creator!

Find a flower. Notice how the flower:

- feels
- smells
- looks

Look for these details:

- colour (light/dark)
- shape
- texture
- patterns on petal or centre

Draw a picture of the flower.



Take a moment to give thanks to God
for making and sustaining all things.

“Let the fields and everything in
them rejoice. Let all the trees of the
forest sing for joy.” Psalm 96:12