

# Rest. Sabbath. Hope Worship Liturgy

## *Come to Me, and I Will Give You Rest*

### Call to Worship

#### *My Soul Finds Rest in God Alone*

*1 My soul finds rest in God alone, my rock and my salvation  
A fortress strong against my foes and I will not be shaken  
Though lips may bless and hearts may curse  
And lies like arrows pierce me  
I'll fix my heart on righteousness, I'll look to Him who hears me*

#### *Refrain*

*O praise Him, Hallelujah, my Delight and my Reward  
Everlasting, never failing, my Redeemer, my God*

*2 Find rest, my soul, in God alone amid the world's temptations  
When evil seeks to take a hold I'll cling to my salvation  
Though riches come and riches go, don't set your heart upon them  
The fields of hope in which I sow are harvested in heaven*

*3 I'll set my gaze on God alone and trust in Him completely  
With every day pour out my soul and He will prove His mercy  
Though life is but a fleeting breath, a sigh too brief to measure  
My King has crushed the curse of death and I am His forever*

### Greeting

The Lord be with you

**And also with you**

To those who are called. Who are kept safe in God the Father, loved in Jesus the Son and Equipped and renewed with the Holy Spirit, may mercy, peace and love be yours in abundance. Amen.

## Rest

Prayer with *Slow Me Down, O LORD*

*1 Slow me down, O Lord slow me down  
Help my heart to hear Your sound  
Speak into my life Lord speak now  
Slow me down, O Lord slow me down*

*2 Clear my mind, O Lord clear my mind  
Bring me peace that I cannot find  
Take my worried thoughts break my pride  
Clear my mind, O Lord clear my mind*

*3 Wake my soul, O Lord wake my soul  
With this mess we've made make us whole  
Of this life called mine, take control  
Wake my soul, O Lord wake my soul*

Time of Reflection: For what do we lament and from what do we need to rest?

## Sabbath

Prayer

*Your Labor is Not in Vain*

*1 Your labor is not in vain  
Though the ground underneath you is cursed and stained  
Your planting and reaping are never the same  
Your labor is not in vain*

*2 Your labor is not unknown  
Though the rocks they cry out and the sea it may groan  
The place of your toil may not seem like a home  
But Your labor is not unknown*

*Refrain*

*I am with you, I am with you  
I am with you, I am with you  
For I have called you, called you by name*

*Your labor is not in vain*

*3 The vineyards you plant will bear fruit  
The fields will sing out and rejoice with the truth  
For all that is old will at last be made new  
The vineyards you plant will bear fruit*

*4 The houses you labored to build  
Will finally with laughter and joy be filled  
The serpent that hurts and destroys will be killed  
And all that is broken be healed*

Time of Reflection: What does Sabbath mean to you?

## Hope

Time of Reflection: For what do we have hope? Please type your answers [here](#).

*My Hope is Built on Nothing Less*

*1 My hope is built on nothing less  
than Jesus' blood and righteousness;  
I dare not trust the sweetest frame,  
but wholly lean on Jesus' name.*

*Refrain:*

*On Christ, the solid rock, I stand;  
all other ground is sinking sand,  
all other ground is sinking sand.*

*2 When darkness veils his lovely face,  
I rest on his unchanging grace;  
in every high and stormy gale,  
my anchor holds within the veil.*

*4 When he shall come with trumpet sound,  
O may I then in him be found,  
dressed in his righteousness alone,  
faultless to stand before the throne.*

## Invitation to the Table

### Great Prayer of Thanksgiving

Leader: The Lord be with you.

**ALL: And also with you.**

Leader: Lift up your hearts.

**ALL: We lift them up to the Lord.**

Leader: Let us give thanks to the Lord our God.

**ALL: It is right for us to give thanks and praise.**

Leader: With joy we praise you, gracious Father,  
for you have created heaven and earth,  
made us in your image, and kept covenant with us—  
even when we fell into sin.

We give you thanks for Jesus Christ, our Lord,  
who by his life, death, and resurrection  
opened to us the way of everlasting life.

Therefore we join our voices  
with all the saints and angels and the whole creation  
to proclaim the glory of your name.

**ALL: Holy, holy holy is the Lord Almighty.**

**Heaven and earth are full of your glory.**

### Institution

For whenever we eat this bread and drink this cup, we proclaim the Lord's death until he comes (1 Corinthians 11:23-26). Therefore we proclaim our faith as signed and sealed in this sacrament:

**ALL: Christ has died**

**Christ is risen**

**Christ will come again!**

### Communion

### Prayer of Sending Out /Parting Blessing

*Praise God From Whom All Blessings Flow* \*\*Sung by virtual choir\*\*