

Chaplains Training 2020: Sessions & Speakers

Session I: Ministry on a Human Scale (Sept. 25, 11am ET)

It seems cruel that God would call imperfect humans to represent Him. Hear Reverend Mandy Smith's story of learning to boast in weakness and join the conversation as we reimagine how we can minister as, and to, humans. What freedom might we find in Paul's promise that in our weakness, God is strong? And are we willing to test that promise by daring to let our human limitations be seen?

*Materials Needed: **Candle, lighter, worship liturgy, and communion cup***

Session II: Post-Traumatic Growth & the Role of Spiritual First Aid (Sept. 25, 2pm ET)

In this session, we will explore the definition of trauma, its connection to faith, and different methods of facilitating post-traumatic growth. It will also include time to interact with these ideas in breakout groups. We will also offer the hope-filled response that by God's grace trauma can lead to growth and greater strength. In addition, we will demonstrate how Spiritual First Aid can play a role in facilitating growth following trauma. Alida van Dijk, PhD, RP and Reverend Chaplain, Major Joseph Kamphuis will co-lead this in-depth session.

*Materials Needed: **Suggested journal and pen***

Session III: Art as Prayer (Sept. 25, 7pm ET)

Too often we bring the world's "It's all up to me" habits into our faith and ministry. But the Kingdom invites us to be like children, setting aside our own agenda to step into a reality shaped by an imagination bigger than our own. Reverend Mandy Smith will lead us in this creative art experiment to practice that posture of rest, receptivity and response to the Spirit. (*No art experience or skill required.)

*Materials Needed: **Black marker, paper, and colored pencils (or oil pastels, paint or markers)***



Reverend Mandy Smith

Originally from Australia, Mandy Smith is lead pastor of University Christian Church, a campus and neighborhood congregation with its own fair-trade café in Cincinnati, Ohio. She is a regular contributor to Christianity Today and Missio Alliance and the author of [The Vulnerable Pastor: How Human Limitations Empower Our Ministry](#) (IVP). Her next book, *Unfettered: Imagining a Childlike Faith Beyond the Baggage of Western Culture* (Brazos), will be released in 2021. Mandy and her husband, a New Testament professor, live with their family in a little house where the teapot is always warm.



Alida van Dijk, PhD, RP

Alida is a Certified Supervisor-Educator with the Canadian Association for Spiritual Care / Association canadienne de soins spirituels (CASC/ACSS) and an approved Clinical Supervisor for the College of Registered Psychotherapists of Ontario (CRPO). She is the Executive Director of the Community Counselling Centre of London in Ontario. She has worked as a Spiritual Care Practitioner with veterans in long-term care at Parkwood Institute, St. Joseph's Health Care London and has experience as a Psycho-Spiritual Therapist for grief and bereavement, depression, anxiety, adjustment and trauma. Alida approaches her clients as experts on their own lives and blends solution-focused brief therapy, narrative therapy and spiritually-integrated psychotherapy in her work. Alida is Adjunct Faculty at Martin Luther University College (Wilfrid Laurier University), Knox College (Toronto School of Theology) and Tyndale Seminary.



Reverend Chaplain, Major Joseph M Kamphuis

Joe serves as a part-time pastor to Chelwood CRC in Albuquerque, New Mexico and a full-time chaplain with the New Mexico Air National Guard, a component of the United States Air Force. In 16 years of ordained ministry, Joe has served two congregations: Faith Community CRC in Zillah, Washington and Chelwood CRC. He has completed two units of Clinical Pastoral Education, and was deployed to Ali Al Salem Air Base in Kuwait in 2019. Joe and his wife Teri have been married for 23 years, and are the proud parents of three children. Joe's passion to combat the suicide epidemic, especially among service members, veterans, and their families, has led to his interest in understanding trauma and post-traumatic growth.